Effects of feeding *Artemia franciscana* enriched with HUFA, vitamins C and E on growth performance, survival and stress resistance of cuttlefish (*Sepia pharaonis*) (Ehrenberg, 1831)

Zahedi M.R.^{1, 2}; Bahri A.H.¹*; Yahyavi M.¹; Mohamadizadeh F.¹; Yasemi M.³

Received: July 2016

Accepted: June 2017

Abstract

This study aimed to evaluate the effects of using Artemia franciscana enriched with cod liver oil and vitamins C and E on the growth, survival and stress resistance of juvenile Sepia pharaonis (Pharaoh cuttlefish). Twenty-five days after hatching, the larvae of S. pharaonis were transferred into culture tanks with an average length of 15.97±0.15 mm and average body weight of 3.53±0.03 g, in eleven treatments (with 3 replicates). The treatments included: highly unsaturated fatty acids (HUFA) +5, 10 and 15% vitamin Eenriched Artemia (E1, E2 and E3 groups, respectively), HUFA+5, 10 and 15% vitamin C-enriched Artemia (C1, C2 and C3 groups, respectively), HUFA+2.5% (w/w) vitamins C- and E-enriched Artemia (CE1 group), HUFA+5% (w/w) vitamins C- and E-enriched Artemia (CE2 group), HUFA+7.5% (w/w) vitamins C- and E-enriched Artemia (CE3 group), HUFA without vitamins (HUFA group) and non-enriched Artemia (control). For each replicate, 20 larvae were introduced into tanks of 20 L, and 10 Artemia L⁻¹ day⁻¹ were used to feed the larvae. At the end of the experiment, to investigate stress resistance, three groups of larvae were submitted to one hour stress at three levels of salinity (5, 15 and 25 ppt), and temperature (10, 25 and 32 °C). The results showed that cuttlefish fed with CE1, CE2, CE3 and larvae fed with HUFA without vitamins were significantly different (p < 0.05) with regards to growth performance and survival as compared with the control. Feeding with vitamin C and unsaturated fatty acid elevated the survival and growth factors of S. pharaonis larvae. Also, the survival of larvae against induced stress increased (p < 0.05).

Keywords: Artemia franciscana, Growth performance, Stress resistance, Sepia pharaonis, Survival, Vitamins C and E.

¹⁻Department of Fisheries, Bandar Abbas Branch, Islamic Azad University Bandar Abbas, Iran.

²⁻Persian Gulf and Oman Sea Ecology Research Center, Iranian Fisheries Science Research Institute, Agricultural Research, Education and Extension Organization (AREEO), Bandar Abbas, Iran,

³⁻Institute of Technical and Vocational Higher Education and Skills Training of Agriculture Jihad, Agricultural Research, Education and Extension Organization (AREEO), Tehran, Iran

^{*}Corresponding author's Email: Zahedi_persica@yahoo.com

Introduction

The Pharaoh cuttlefish, *Sepia pharaonis*, is a broadly distributed species found in waters from eastern Africa to Japan (Anderson *et al.*, 2007). *S. pharaonis* is a dominant cephalopod species and primary fishing activity occurs during the spawning season, when adults migrate from deep to shallow waters in the littoral zone (Ghazvineh *et al.*, 2012).

Juvenile cuttlefish are predatory; their diets consist mainly of live prey. Many attempts have been made to rear juvenile cuttlefish with alternative diets, but the young animals in these trials have tended to be fragile and have low growth rates (Choe, 1966). Therefore, study reviewed feeding this the cuttlefish with enriched Artemia franciscana. One of the most important nutritional factors for marine fish larvae is the dietary content of highly unsaturated fatty acids (HUFA) with 20 or more carbon atoms (Watanabe, 1982). Therefore, HUFA must be included in live prey and weaning diets to satisfy the requirements for growth, organ and tissue development and functioning, stress resistance and survival (Izquierdo et al., 2001). The n-3 HUFA requirements have been extensively studied in fish larvae such as Sepia officinalis (Koueta et al., 2002), Fenneropenaes indicus (Citarasu et al., 1998) and Argyrosamus regium (El Kertaouie et al., 2017). However, these fatty acids, particularly DHA, are very prone to oxidation and are more exposed in formulated diets for marine fish larvae (Izquierdo et al., 2013). Moreover, at a physiological level, oxidative risk is particularly high in the fast-growing larvae, due to the high metabolic rate, oxygen consumption and water content in the larval tissues (Betancor et al., 2012). Thus, dietary inclusion of adequate levels of antioxidant nutrients is required to avoid in vivo lipid peroxidation and the determination of excessive HUFA requirements.

Vitamin E is recognized as the major hydrophobic chain-breaking antioxidant that prevents the propagation of free radical reactions in membranes and lipoproteins (Izquierdo and Betancor, 2015). The specific location of vitamin E as a structural component of cell membranes confers on this vitamin a particular role in the control of peroxidation of HUFA (Izquierdo and 2015). Early nutritional Betancor, studies have shown that vitamin E is essential for marine fish larvae (Gonzalez et al., 1995). Moreover, dietary vitamin E must be increased when dietary HUFA are high as found in gilthead seabream (Izquierdo et al., 2013) European or seabass (Dicentrarchus labrax L.) (Betancor et al., 2011). Thus, elevation of dietary PUFA causes a reduction in vitamin E content in the liver of Atlantic salmon (Waagbø et al., 1993) or African catfish (Clarias gariepinus) (Lim et al., 2001). Nevertheless, vitamin E requirements depend on the interactions of this vitamin with other nutrients (Hamre, 2011). The high vitamin E requirement of fish larvae is associated with the high HUFA needs during the larval stages (Atalah et al., 2012). For instance, dietary increase in vitamin E

supplementation in high-DHA feed protected this fatty acid from oxidation and reduced the occurrence of chondroid bone anomalies (Izquierdo et al., 2013). Symptoms of vitamin E deficiency in fish larvae include accumulation of lipid oxidation muscle products. dystrophy and reduced growth and survival (Izquierdo and Betancor, 2015).

Unless it is regenerated, after neutralizing free radicals, vitamin E must be replenished through the diet or from reserves elsewhere (Burton and Traber, 1990). Thus, the vitamin E radicals produced can probably be regenerated to vitamin E by vitamin C in the interface between water and lipids (Packer et al., 1979). Ascorbic acid seems to play a significant role in a-tocopherol metabolism, reducing atocopheroxyl radicals and regenerating them to α-tocopherol (Niki et al., 1985). Consequently, optimum dietary vitamin E levels may also be determined by the levels of vitamin C (Sealey and Gatlin, For instance, elevation of 2002). dietary vitamin C from 1800 to 3600 mg kg⁻¹ during weaning of European seabass increases tissue content of α tocopherol and reduces the occurrence of muscular dystrophy and tissue TBARs, denoting its sparing effect over dietary vitamin E (Betancor et al., 2012).

At present, there is no information on the requirements of HUFA, vitamin E or C for cuttlefish juveniles (*S. pharaonis*), and therefore, this study was conducted to determine the importance of these nutrients with enriched *Artemia* on the growth, survival and stress resistance of cuttlefish.

Materials and methods

A. *franciscana* cysts were decapsulated using Treece (2000) for hatching. Newly hatched nauplii were separated and aerated for 5 h until most of the nauplii molted into the second larval stage (Instar II) and were then transferred to the tanks with 300 L volume at a density of 7-8 nauplii L^{-1} .

Artemia were not fed during the first 24 h in order to allow yolk resorption. The nauplii were fed with a rice bran suspension (D'Agostino, 1980; Intriago and Jones, 1993) from day 2 to 4 (3 days) of the trial. This suspension was prepared with 3 g of rice bran micronized with a screen (100 µm) and suspended in 1 L of seawater. Following this, the diet formula was homogenized using a kitchen blender and filtered (30 µm) before being cold stored (Dobbeleir et al., 1980). From day 5, the organisms were fed with the microalgae Tetraselmis suecica at 200,000 cells ml⁻¹ (Ahmadi et al., 1990; De Roeck-Holtzhauer et al., 1993; Odile et al., 1994) until the end of the trial on day 15 (11 days). The microalgae were cultivated in Guillard f2 medium (Guillard, 1975). Rice bran particles and algal cells were counted using a hematocytometer.

At this stage, *A. franciscana* nauplii were washed with salt water and stocked into the enrichment tanks (2 l) at 150 nauplii per milliliter. Cod liver oil (EPA 6.84% and DHA 5.98%), ascorbyl 6-palmitate (Serva, USA) and α -tocopherol acetate (Sigma, USA) were used as lipid, vitamins C and E sources. Eleven different *Artemia*-enrichment treatments were set up as shown in Table 1.

The enrichment emulsion was prepared according to the method described by Larger et al. (1987). Vitamins were added as percentage of fish oil to the emulsion. The enrichment solution was given (2 ml per liter) in two portions at 12-h intervals. After 24 h incubation during the enrichment, the Artemia were washed with salt water (28 ppt) to discard non-absorbed lipids and were then kept aerated at 4°C until they were served to fish (Noshirvani et al., 2006). Each day, a new batch of enriched Artemia was used. At the end of the enrichment period, the vitamin E and C content of enriched, non-enriched Artemia and cuttlefish larvae were analyzed by reverse phase highperformance liquid chromatography (HPLC, Waters 600) according to Trenzado et al. (2007). The fatty acid composition of both Artemia diets and tested animals (S. pharaonis) were analyzed and estimated following the method of Desvilettes et al. (1994) using gas chromatography. The results were expressed as area percent of fatty acid methyl esters (FAME).

Pharaoh cuttlefish egg clusters. attached to cuttle traps and rocks, were collected from the Persian Gulf near the shore of Bandar-e-Lengeh city in the south of Iran. The eggs were immediately transferred to plastic containers filled with sea water (salinity 35%. temperature 28°C) and transported to the laboratory of the Persian Gulf Mollusk Research Station in Bandar-e-Lengeh. The egg masses were placed in an incubation tank containing 1000 L filtered sea water and were acclimated gradually to the temperature and salinity of the water. Aeration provided was through airstones from an air blower. The water temperature was kept at 27.5±0.5 °C, salinity was 37-38 ppt, a gentle and constant aeration was done, and a diurnal light/dark cycle was maintained at 12:12 h. After hatching, on the 25th day, they were randomly distributed in eleven groups into experimental tanks (20 L) with three replicates at a density of 1 cuttlefish juvenile per liter (Nabhitabhata et al., 2005), with an initial mean body weight of 3.53±0.03 mg. Again, water temperature was kept at 27.5±0.5°C, salinity was 37-38 ppt, pH was 7.6, and a gentle and constant aeration was provided during the feeding periods. Ten (10) Artemia L^{-1} in a day were transferred to tanks to feed the juveniles (Anil et al., 2005) during the experimental period, for 15 days.

Growth performance parameters were calculated according to the following formulae:

Weight gain=W₂–W₁;

Percent weight gain= $[(W_2-W_1)/W_1] \times 100;$

Length gain=L₂-L₁; and

%SGR=((Ln W_2 -Ln W_1)/(T_2 - T_1))× 100;

where W_2 and W_1 represent the final and initial weight, respectively, L_2 and L_1 represent the final and initial length, respectively, and T_2 and T_1 represents the final and initial time (i.e., duration) of the experimental period.

CF was calculated as:

 $CF=(W/L^3)\times 100;$

where W is weight and L is length. In addition, survival rate was calculated at the end of the experiment as:

Survival=(Nf/N0)×100;

where N0=initial number of fish, and Nf =final number of fish.

Table	1: Eleven	different	Artemia		
	enrichment	treatments fo	or <i>Sepia</i>		
<i>pharaonis</i> juvenile.					
Treatmen	(C)Vitam	in (E)Vitami	in		
E1	-	5	+		
E2	-	10	+		
E3	-	15	+		
C1	5	-	~ · +		
C2	10	-	+		
C3	15	-	+		
CE1	2.5	2.5	~ · +		
CE2	5	5	~ · +		
CE3	7.5	7.5	~ · +		
HUFA	-	-	+		
control	-	-	-		

Stress tests

At the end of the experiment, 3 cuttlefish from each rearing tank were removed carefully and directly transferred from salt water to water at salinities of 5, 15 and 25 ppt, individually. Osmotic shocks lasted for 1h. Moreover, the larvae were also suddenly exposed to thermal stress (10, 25 and 35°C for 1 h). After exposure to stress, mortality was recorded.

Statistical analysis

analyzed using SPSS Data were statistical software (Version 16). Data were checked for normality (Kolmogorov-Smirnov test) and homogeneity of variances (Bartlett's test) prior to their comparison. All the data were expressed as mean \pm SD (*n*=3), by means of one-way ANOVA, and the mean comparison was performed using Duncan's test at a reliability level of 5%.

Results

The fatty acid composition of cod liver oil and Artemia before and after enrichment is presented in Table 2. The eicosapentaenoic acid (EPA, 20:5n-3) content in non-enriched Artemia was g⁻¹ 2.42 mg DW and about Docosahexaenoic acid (DHA, 22:6 n-3) was 0 mg g⁻¹ DW. After enrichment with cod liver oil, the EPA content increased to 7.88 mg g^{-1} DW and the DHA content increased to 0.991 mg g⁻¹ DW. The DHA/EPA ratio increased to 0.125 after the enrichment. This ratio was zero (0) before the enrichment.

Also, the fatty acid composition of the control treatment (cuttlefish juvenile fed with non-enriched *Artemia*) and HUFA treatment (cuttlefish juvenile fed *Artemia* enriched with HUFA without vitamin) is shown in Table 2.

Table 2: Average fatty acid content of the HUFA source Artemia before and after enrichment, control and HUFA treatments (in mg day⁻¹ g⁻¹ of cod liver oil, Artemia or cuttlefish inventio)

juvenile).					
Fatty acids	Cod liver oil	Artemia before enrichment	Artemia after enrichment	Control treatment	HUFA treatment
18:1 (n-9)	16.11	17.28	18.651	19.796	18.816
20:1 (n-9)	7.34	4.34	4.999	1.078	1.372
16:1 (n-7)	0.3	0.168	0.421	0.3038	0.4312

Table 2 continued:					
20:4 (n-6)	6.37	0.012	0.423	0.9898	0.98
18:3 (n-3)	1.14	2.98	2.861	0.0882	0.1176
18:4 (n-3)	0.28	0.0456	0.0189	0	0.0896
20:3 (n-3)	0.77	0	0	0.1862	0.196
EPA 20:5 (n-3)	6.84	2.42	7.88	13.034	14.21
22:5 (n-3)	1.08	0.0856	0.009	0	0.098
DHA 22:6 (n-3)	5.98	0	0.991	2.0678	3.43
14:0	7.19	5.31	5.0123	3.038	3.52
16:0	9.09	15.65	13.89	21.658	19.796
18:0	2.48	4.24	4.321	6.762	5.782
DHA/EPA	0.87	0	0.125	0.1586	0.2413

Eicosapentaenoic acid (EPA, 20:5n-3) content in the control was about 13.034 mg g⁻¹ DW and Docosahexaenoic acid (DHA, 22:6 n-3) was 2.067 mg g⁻¹ DW. After the cuttlefish juvenile was fed *Artemia* enriched with HUFA, the EPA content increased to14.21 mg g⁻¹ DW

and DHA content increased to 3.43 mg.g^{-1} DW. The DHA/EPA ratio increased to 0.2413 in HUFA treatment. This ratio was 0.1586 in the control.

The results of determining growth factors are summarized in Table 3.

Table 3: Response of cuttlefish juvenile to various test diets at the end of the experiment.						
Treatment	WG (g)	WG%	Length gain (mm)	SGR	CF	
E1	$0.21\pm0.03~^{ab}$	$6.16\pm1.03~^{ab}$	$1.5\pm0.13\ ^{ab}$	$0.77\pm0.01~^a$	0.082 ± 0.001 ^b	
E2	$0.25\pm0.03~^{ab}$	$7.14 \pm 1.09 \ ^{ab}$	$1.35\pm0.13~^a$	$0.98\pm0.02~^a$	0.085 ± 0.002 bc	
E3	$0.23\pm0.02~^{ab}$	$6.67\pm0.64~^{ab}$	$1.06\pm0.16\ ^a$	$0.66\pm0.02~^a$	0.089±0.002 ^c	
C1	0.42 ± 0.02 c	11.92 ±0.71 °	2.57 ± 0.14 $^{\rm c}$	$1.24\pm0.02^{\text{ a}}$	0.071 ± 0.001 ^a	
C2	$0.36\pm0.04~^{bc}$	10.35 ±1.24 ^{bc}	2.25 ± 0.12 $^{\rm c}$	$0.89\pm0.02~^a$	0.074 ± 0.001 ^a	
C3	$0.31\pm0.05~^{abc}$	9.03 ±1.62 ^{abc}	2.13 ±0.18 ^{bc}	$1.07\pm0.01~^a$	0.075±0.001 ^a	
CE1	0.44 ± 0.01 c	12.68 ±0.48 °	2.75 ± 0.14 $^{\rm c}$	1.19 ± 0.02^{a}	$0.07 {\pm} 0.001$ ^a	
CE2	0.42 ± 0.02 c	12.02 ± 0.71 ^c	2.66 ± 0.11 ^c	$1.05\pm0.02^{\ a}$	0.07 ^a	
CE3	0.43 ± 0.04 c	$12.18\pm1.14~^{\text{c}}$	$2.68\pm0.11~^{\rm c}$	$1.18\pm0.02^{\ a}$	0.07±0.001 ^a	
HUFA	$0.44\pm0.06~^{c}$	12.49 ± 0.77 ^c	$2.75\pm0.27^{\text{ c}}$	$1.14\pm0.01~^a$	0.07 ± 0.002 bc	
Control	$0.18\pm0.02~^a$	5.35 ± 1.73 ^a	$1.32\pm0.17^{\ a}$	$0.76\pm0.01~^a$	$0.084{\pm}0.002$ ^a	

Table 3. Response of cuttlefish juvenile to various test diets at the end of the experiment

*Mean±SD of three replicates. Means in the same column with different superscripts are significantly different (p<0.05). 1- Weight gain, 2- Percent of weight gain, 3- length gain, 4- Specific growth rate, 5- Condition factor; E1, E2, E3: Larvae fed with HUFA + 5, 10 and 15% (w/w) vitamin E-enriched *Artemia*; C1, C2, C3: Larvae fed with HUFA + 5, 10 and 15% (w/w) vitamin C-enriched *Artemia*; CE1,CE2,CE3: Larvae fed with HUFA + 2.5, 5 and 7.5% (w/w) vitamins C and E enriched *Artemia*, respectively; HUFA: Larvae fed with HUFA without vitamin; Control: Larvae fed with non-enriched *Artemia*.

When compared with the control treatment, cuttlefish fed with HUFA + 2.5, 5 and 7.5 % (w/w) vitamin C- and E-enriched Artemia, respectively (CE1, CE2, CE3) and larvae fed with HUFA and without vitamin (HUFA) had significant differences with regard to growth performance. Cuttlefish fed with HUFA + 2.5% (w/w) vitamin Cand E-enriched Artemia (CE1) showed better growth performance (p < 0.05), but no significant difference was observed between the other treatments, CE1 and CE2 that were fed Artemia enriched with a mixture of cod liver oil and vitamins, and HUFA treatment (p>0.05). Although the growth index of SGR was higher in C1 treatment than the control and other groups, it was not significantly different (p>0.05).

Enriched Artemia with cod liver oil and mixture of vitamins C and E increased the survival of cuttlefish that fed on them, and CE1, CE2, CE3 showed better results than the other treatment but these treatments were not significantly different from each other (p>0.05). Cuttlefish in treatment CE1 with 71.7%, showed the highest survival in this experiment which was statistically different (p < 0.05) with the control group and treatments E1, E2, and E3. The control group and E1 treatment showed the lowest survival, at 33.9% (Fig. 1).



Figure 1: Survival percentage of juvenile cuttlefish in different treatments at the end of experiment (data represent the mean \pm SD. Bars assigned with different superscripts are significantly different (p>0.05).

The survival percentage of cuttlefish juveniles in different treatments after salinity and thermal shock at the end of experiment are shown in Figs. 2 and 3, respectively.



Figure 2: Survival percentage of juvenile cuttlefish in different treatments after salinity shock at the end of experiment (data represent the mean \pm SD. Bars with different superscripts are significantly different (p>0.05).

To investigate the effect of vitamins E and C and cod liver oil on survival, at the end of the experiment, thermal shock at 10, 25 and 35°C, and salinity 5, 15 and 25 ppt were used. Cuttlefish juvenile fed the *Artemia*-enriched HUFA with 5, 10 and 15% vitamin E, 5, 10 and 15% of ascorbyl palmitate and a mixture of 2.5, 5 and 7.5% of vitamins C and E showed no significant difference with salinity and temperature stress. All cuttlefish died at 5 ppt and 10°C treatment.



Figure 3: Survival percentage of juvenile cuttlefish in different treatments exposed to thermal shock at the end of the experiment (data represent the mean \pm SD. Bars with different superscripts are significantly different (p>0.05).

Iranian Journal of Fisheries Sciences 19(2) 2020

Discussion

In this research, the effect of dietary enriched Artemia with unsaturated fatty acids (cod liver oil), vitamins C and E on survival, growth and stress resistance of pharaoh cuttlefish (S. pharaonis) was evaluated. In general, the growth of animals varies with several factors: food availability, environmental factors. the social hierarchy of the population, nutritional qualities of the food, etc. In this study, it was suggested that. the supplementation of dietary HUFAs, αtocopherol acetate and ascorbyl-6palmitate had significant effect on the growth and survival of pharaoh cuttlefish larvae, when they were fed enriched Artemia during the experimental period.

Many marine fish larvae are believed to require HUFAs, especially EPA and DHA for better survival during larval period. Growth enhancement as a result of unsaturated fatty acids and vitamin E and C administration has been reported in several previous studies on a variety of fish and aquatic species fed these diets. Koueta et al. (2002) showed that the use of EPA and DHA increased the growth and survival of juvenile S. officinalis. These data indicated the importance of n-3 HUFA such as docosahexaenoic acid (DHA: 22:6n-3) and eicosapentaenoic acid (EPA: 20:5n-3) in cephalopod juvenile nutrition.

A research study was conducted on the importance of highly unsaturated fatty acids and the antioxidant vitamins E and C on meagre larvae (*Argyrosomus regius*). Increase in dietary HUFA up to 3% significantly improved larval growth, lipid absorption and deposition. In addition, among fish fed 3% HUFA, increase in С significantly vitamins Ε and improved body weight, as well as total lipid, 22:6n-3 and n-3 fatty acid contents in the larvae (El Kertaoui et al., 2015). On the other hand, seabream larvae fed the Artemia nauplii enriched with 5, 10 and 15% ascorbyl palmitate, 5 and 10% vitamin E and a mixture of 2.5 and 5% vitamins C and E, showed no significant difference in growth among the groups but increased the survival rate in yellowfin seabream larvae at its first feeding (Adloo et al., 2012). Also, in freshwater catfish (Clarias gariepinus), a diet containing unsaturated fatty acids plus 10% and 20% ascorbyl-6 palmitate, showed no difference significant on catfish survival at the end of day 15 (Fermin and Bolivar, 1991).

According to the results of the current study. better growth performance was observed in larvae fed with HUFA+2.5% (w/w) vitamin Cand E-enriched artemia, respectively (CE1), and larvae fed with HUFA without vitamin (HUFA) showed significant difference when compared with the control group. As previously mentioned. in marine fish larvae. HUFA are an important source of metabolic energy. structural components in the phospholipids of cellular membranes and precursors of bioactive molecules, being required for larval growth and development (Izquierdo and Koven, 2011). The results of the present study revealed that the enriched Artemia served as suitable

food for pharaoh cuttlefish, although, the growth index of SGR was higher in C1 treatment than the control, and in other groups, it was not significantly different (p>0.05).

Also, the positive results observed in cuttlefish juveniles fed vitamins E and C and HUFA, agree well with previous studies that demonstrated that these vitamins protected **HUFAs** from oxidation, increased their incorporation into larval tissues and promoted larval growth (Hamre, 2011; Atalah et al., 2012; Betancor et al., 2012; Izquierdo et al., 2013). Since vitamin E is the major hydrophobic antioxidant, the increase in dietary HUFA would accelerate the autocatalytic peroxidation of vitamin E, thereby increasing the requirement for this vitamin (Watanabe, 1982; Sargent et al., 1997; Izquierdo et al., 2001). For instance, elevation of dietary HUFA levels in diets for seabream could increase dietary vitamin E and promote incorporation of HUFA in fish membranes and promote larval growth (Atalah et al., 2012). Moreover, vitamin C not only protects tissues from oxidative stress by neutralizing the reactive oxygen species (ROS), but also plays an important role by indirectly protecting HUFA from oxidation, since to regenerate it is essential αto copheroxyl radicals to α -to copherol. Despite the fact that information on the synergistic effects of vitamins E and C on marine larvae is very scarce, an antioxidant synergism was demonstrated in seabass larvae fed high 5% DHA (Betancor et al., 2012) as well as in juveniles of several species such

rainbow trout (Oncorhynchus as mykiss) (Frischknecht et al., 1994), Atlantic salmon (Hamre et al., 1997), yellow perch (Perca flavescens) (Lee and Dabrowski, 2003), golden shiner (Notemigonus crysoleucas) (Chen et al., channel catfish 2004), (Ictalurus punctatus) (Yildirim-Aksoy et al., 2008), hybrid striped bass (Morone chrysops×M. saxatilis) (Sealey and Gatlin, 2002) and red seabream (Gao et al., 2013).

However, in the present study, there were significant differences in growth and survival between the experimental treatment and control, except E1, E2 and E3 treatments. Similar results were found with turbot (Stéphan et al., 1995) and channel catfish (Bai and Gatlin, 1993) fed diets containing different levels of dietary α-tocopherol. Stéphan et al. (1995) reported that in- vivo and in vitro oxidation of lipids in turbot larvae muscles was reduced when dietary a-tocopherol was supplemented in the diet. Supplementation of dietary α -tocopherol in the Artemia enrichment did not have a significant effect on walleye (Stizostedion vitreum) larvae growth (Kolkovski et al., 1996), which is consistent with the results of this study. This can be related to the lower dietary HUFA requirements of walleve in the early life stages, as in other freshwater fish (Sargent et al., 1997).

Handling the average fatty acid content of the HUFA source *Artemia* before and after enrichment, control and HUFA treatments (in mg day⁻¹ g⁻¹ of cod liver oil, *Artemia* or cuttlefish juvenile) showed that these enrichments provide high levels of phospholipids containing highly unsaturated fatty acids, especially eicosapentaenoic acid (EPA, 20:5 n-3) and docosahexaenoic acid (DHA, 22:6 n-3) (Léger *et al.*, 1985; Koven *et al.*, 1993). In addition, an increase was seen in the amount of EPA and DHA in the *Artemia* after enrichment, and in cuttlefish with HUFA treatment as compared to the control.

Stress is known to affect many aspects of fish physiology, from immune competence (Rotllant and Trot., 1997) to metabolism (Montero et al., 1999) and growth rate (Procarione et al., 1999). Marine fish larvae are probably subjected to high levels of oxidative stress. Live feed production and enrichment is achieved under highly pro-oxidative conditions, with high levels of n-3 polyunsaturated acids, air or oxygen addition to the culture water, high temperature and bright light. Formulated diets for marine fish larvae also contain high levels of polyunsaturated fatty acids and pro-oxidants, for example, in the form of minerals. The high surface-tovolume ratio of the feed particles also favors oxidation. It is therefore important to supplement marine fish larval diets with vitamin E, but vitamin E at high levels, in the absence of a sufficient amount of vitamin C, has been shown to increase mortality and tissue lipid oxidation in Atlantic salmon and Atlantic halibut juveniles (Hamre et al., 1997). Though, in this research, cuttlefish juveniles fed the Artemia enriched with 5, 10 and 15% ascorbyl palmitate, 5, 10 and 15% vitamin E and mixture of 2.5, 5 and 7.5% of vitamins С and E showed no significant difference with regards to salinity and temperature stress. a significant between difference was observed treatment C1 and the control in 15 ppt salinity. According to the results, seabream larvae fed Artemia nauplii enriched with ascorbyl palmitate, and vitamin E showed no significant difference in salinity and temperature stress. It seems that the resulting hyperglycemia helps in satisfying the increasing energy demand during stress, allowing the organism to react to stressors (Gronow, 1974).

Unlike the results of this study, the resistance of African catfish (C. gareiepinus) larvae fed Artemia enriched with 20% of the ascorbyl palmitate was higher than that of the larvae fed Artemia enriched with 0 and 10% ascorbyl palmitate, after exposure to 25 ppt salinity stress for 1 h (Merchie et al., 1995). Also, 25 days hatched milkfish larvae fed Rotifer and Artemia enriched with HUFAs and vitamin C, had lower mortality against salinity stress, when compared with the control group (Gapsin et al., 1998).

The effectiveness of HUFA enrichment of Artemia on juvenile cuttlefish growth was demonstrated. The effects of HUFA in live food could thus easily be tested in juvenile cuttlefish as suggested by Castro et al. (1993). HUFA-enriched Artemia may result in the normal growth of juvenile cuttlefish, thus avoiding the nutritional deficiency observed (Choe, 1966: Boletzky, 1989; DeRusha et al., 1989; Castro et al., 1993; Koueta and Boucaud-Camou, 1999). This hypothesis must therefore be followed up: food enriched with conditioned HUFA could be essential for cephalopod aquaculture. Although it is possible that HUFA alone may improve growth performance, the synergistic effects of vitamins C and E cannot be neglected. Better growth was observed among juvenile cuttlefish fed with HUFA plus vitamin C- and E-enriched *Artemia*.

References

- M.N., Matinfar, Adloo. Α. and Sourinezhad, I., 2012. Effects of enriched feeding Artemia franciscana with HUFA, vitamin C and E on growth performance, survival and stress resistance of vellowfin seabream larvae. Aquaculture Research and Development, 3, 157-161.
- Ahmadi, M.R., Leibovitz, H. and Simpson, K.L., 1990. Nutrient composition of the Iranian brine shrimp (*Artemia uromiana*). *Comparative Biochemistry and Physiology*, 95B, 225-228.
- Anderson, F., Valinassab, T., Chuan-Wen, H., Kolliyi, M., Pillaru, A., Gonuguntla, **R.**. Praulai, N., Cherdchinda, Ch., Dunning, M. Chung-Chung, and L., 2007. Phylogeography of the pharaoh cuttlefish Sepia pharaonis based on partial mitochondrial 16s sequence data. Reviews in Fish Biology and Fisheries, 17(2-3), 345 -352.
- Anil, M.K., J. Andrews, & C.Unnikrishnan.2005.behavior, and mating of pharaohcuttlefish(Sepiapharaonis

Ehrenberg) in captivity. The Israeli Journal of Aquaculture- Bamidgeh 57 (1): 25-31.

- Atalah, E., Hernández-Cruz, C.M., Ganga, R., Ganuza, E., Benítez-Santana, T., Roo, J., Fernández-Palacios, H. and Izquierdo, M.S., 2012. Enhancement of gilthead seabream (*Sparus aurata*) larval growth by dietary vitamin E in relation to two different levels of essential fatty acids. *Aquaculture Research*, 43, 1816–1827.
- Bai, S.C. and Gatlin, D.M., 1993.
 Dietary vitamin E concentration and duration of feeding affect tissue a-tocopherol concentrations of channel catfish *Ictalurus punctatus*. *Aquaculture*, 113, 129-135.
- Betancor, **M.B.**, Atalah, E., Caballero, M.J., Benítez-Santana, T., Roo, J., Montero, D. and Izquierdo, M.S., 2011. α-tocopherol in weaning diets for European sea bass. Dicentrarchus labrax L. improves survival and reduces tissue damage caused by excess dietary DHA contents. Aquaculture Nutrition, 17, 112–122.
- Betancor, M.B., Caballero, M.J., Terova, G., Cora, S., Saleh, R., Benítez-Santana, T., Bell, J.G., Hernández-Cruz, C.M. and Izquierdo, M.S., 2012. Vitamin C enhances vitamin E status and reduces oxidative stress indicators in sea bass larvae fed high DHA microdiets. *Lipids*, 47, 1193–1207.
- Boletzky, S.V., 1989. Elevage de Céphalopodes en aquarium: acquis recents. *Bulletin de la Société Zoologique de France*, 114, 57–66.

- Burton, G.W. and Traber, M.G., 1990. Vitamin E: Antioxidant activity, biokinetics, and bioavailability. *Annual Review of Nutrition*, 10, 357–382.
- Castro, B.G., Di Marco, F.P., DeRusha, R.H. and Lee, P.G., 1993. The effects of surimi and pelleted diets on the laboratory survival, growth, and feeding rate of the cuttlefish. *Sepia officinalis* L. *Journal of Experimental Marine Biology and Ecology*, 170, 241–252.
- Chen, R., Lochmann, R., Goodwin, A., Praveen, K., Dabrowski, K. and Lee, K.J., 2004. Effects of dietary vitamins C and E on alternative complement activity, hematology, tissue composition, vitamin concentrations and response to heat stress in juvenile golden shiner (*Notemigonus crysoleucas*). *Aquaculture*, 242, 553–569.
- Choe, S., 1966. On the growth, feeding rates and the efficiency of food conversion for cuttlefishes and squids. *Korean Journal of Zoology*, 9, 72–80.
- Citarasu, T., Immanuel, G. and Marian, M.P., 1998. Effect of feeding Artemia enriched with stresssol and cod liver oil on growth and stress resistance in the Indian White Shrimp (Penaeus indicus) postlarvae. Asian Fisheries Society, 12, 65-75.
- **D'Agostino, A., 1980.** The vital requirements of *Artemia*. Physiology and Nutrition. pp. 55-82.
- De Roeck-Holtzhauer, Y., Claire, C., Bresdin, F., Amicel, L. and Derrien, A., 1993. Vitamin, free

amino acid and fatty acid compositions of some marine planktonic microalgae used in aquaculture. *Botanica Marina*, 36, 321-325.

- DeRusha, R.H., Forsythe, J.H.,
 DiMarco, F.P. and Hanlon, R.T.,
 1989. Alternative diets for maintaining and rearing cephalopods in captivity. *Laboratory Animal Science*, 4, 306–312.
- Desvilettes, C., Bourdier, G. and Breton, J.C., 1994. composition of planktivorous larval pike (*Esox lucius*) living in a natural pond. *Aquatic Living Resources*, 7, 67-77.
- Dobbeleir, J., Adam, N., Bossuyt, E., Bruggeman, E. and Sorgeloos, P., 1980. New aspects of the use of inert diets for high density culturing of brine shrimp, pp. 165-174. *In* G. Persoone, P. Sorgeloos, O. Roels & E. Jaspers (eds). The Brine Shrimp *Artemia*. Ecology, Culturing, Use in Aquaculture. Vol. 3. Universa, Wetteren, Belgium.
- El Kertaoui, N., Hernández-Cruz, C.M., Montero, D., Caballero, M.J., Saleh, R., Afonso, J.M. and Izquierdo, M., 2017. The importance of dietary HUFA for meagre larvae (Argyrosomus regius; Asso, 1801) and its relation with antioxidant vitamins E and C. Aquaculture research, 48(2), pp.419-433.
- Fermin, A.C. and Bolivar, M.E., 1991. Larval rearing of philippin freshwater catfish clarias macrocephallus fed zooplankton and artificial diet: A preliminary study.

The Israeli Journal of aquaculture Bamidgeh, 43, 87-94.

- Frischknecht, R., Wahli, T. and Meier, W., 1994. Comparison of pathological changes due to deficiency of vitamin C, vitamin E and combinations of vitamins C and E in rainbow trout, Oncorhynchus mykiss Walbaum. Journal of fish Diseases, 17(1), pp.31-45.
- Gao, J., Koshio, S., Ishikawa, M., Yokoyama, S., Nguyen, B.T. and Mamauag, R.E., 2013. Effect of dietary oxidized fish oil and vitamin С supplementation on growth reduction performance and of oxidative stress in Red Sea Bream Pagrus major. Aquaculture Nutrition, 19, 35–44.
- Gapsin, R.S.J., Bombeo, R., Lavens, P., Sorgeloos, P. and Nelis, J., 1998. Enrichment of live food with essential fatty acids and vitamin C: effect on milk fish , *Chanos chanos* larval performance. *Aquaculture*, 162, 269-286.
- Ghazvineh, L., Valinassab, T., Savari, A. and Ghobadiyan, F., 2012. Reproductive Biology of the Pharaoh Cuttle Sepia pharaonis in the Persian Gulf. World Journal of Fish and Marine Sciences, 4(3), 313-319.
- González, M.M., Izquierdo, M.S., Salhi, M., Hernández-Cruz, C.M. and Fernández-Palacios, H., 1995. Dietary vitamin E for Sparus aurata larvae. Europ. Aqua. Soc. Spec. Publ, 24, pp.239-242.
- Guillard, R.R.L., 1975. Culture of phytoplancton for feeding marine invertebrates. *In* W. L. Smith & M.

H. Chanley (eds.). Culture of marine invertebrate animals. Plenum, New York, NY. pp. 29-60.

- Gronow, G., 1974. Uber die Anwendung des an saugtieren erarbeiten begriffes stress auf knochenfis. *Zoology*, 192, 316-331.
- Hamre, K., Waagb, O.R., Berge, R.K. and Lie, O., 1997. Vitamins C and E interact in juvenileAtlantic salmon (*Salmo salar*, L.). *Free Radical Biology and Medicine*, 22,137-149.
- Hamre, K., 2011. Metabolism, interactions, requirements and functions of vitamin E in fish. *Aquaculture Nutrition*, 17, 98–115.
- Intriago, P. and Jones, D., 1993. Bacteria as food for *Artemia*. *Aquaculture*, 113,115-127.
- Izquierdo, M.S., Tandler, A., Salhi, M. and Kolkovski, S., 2001. Influence of dietary polar lipids' quantity and quality on ingestion and assimilation of labelled fatty acids by larval gilthead seabream. *Aquaculture Nutrition*, 6, 153–160.
- Izquierdo, M.S. and Koven, W., 2011. Lipids. In: Larval Fish Nutrition (ed. by J. Holt), Wiley-Blackwell, Oxford, UK. pp. 47–82.
- Izquierdo, M.S., Scolamachia, M.,Betancor, M.B., Roo, J.,Caballero, M.J., Terova, G. andWitten, P.E., 2013. Effects ofdietary DHA and α-tocopherol onbonedevelopment, earlymineralisation and oxidative stress inSparus aurata (Linnaeus, 1758)larvae. British Journal of Nutrition,109, 1796–1805.
- Izquierdo, M.S. and Betancor, M.B., 2015. Vitamin E. In: Dietary

Nutrients, Additives and Fish Health (ed. by L.Cheng-Sheng), Wiley-Blackwell, Oxford, UK. pp. 125–181.

- Kolkovski, S., Czesny, S., Yackey, C., Moreau, R. and Cihla, F., 1996. The effect of vitamin C and E in (n-3) highly unsaturated fatty acidsenriched *Artemia* nauplii on growth, survival and stress resistance of freshwater walleye *Stizostedion vitreum* larvae. *Aquaculture Nutrition*, 6, 199-206.
- Koueta, N. and Boucaud-Camou, E., 1999. Food intake and growth in reared early juvenile cuttlefish *Sepia officinalis* L. (Mollusca Cephalopoda). *Journal of Experimental Marine Biology and Ecology*, 240, 93–109.
- Koueta, N., Boucaud-Camou, E. and Noel, B., 2002. Effect of enriched natural diet on survival and growth of juvenile cuttlefish *Sepia officinalis* L. *Aquaculture*, 203, 293-310.
- Koven, W.M., Tandler, A., Sklan, D. and Kissil, G.W., 1993. The association of eicosapentaenoic and docosahexaenoic acids in the main phospholipids of different-age *Sparus aurata* larvae with growth. *Aquaculture*, 116, 71±82.
- Lee, K.J. and Dabrowski, K., 2003. Interaction between vitamins C and E affects their tissue concentrations, growth, lipid oxidation and deficiency symptoms in yellow perch (*Perca flavescens*). British Journal of Nutrition, 89, 589–596.
- Léger, P., Bieber, G.F. and Sorgeloos, P., 1985. International study on

Artemia. XXXIII. Promising results in larval rearing of Penaeus stylirostris using a prepared diet as algal substitute and for artemia enrichment. *Journal of the World Aquaculture Society*, 16, 354-367.

- Leger, Ph., Naessens-Foucquaert, E. and Sorgeloos, **P.**. 1987. International Study on Artemia. Techniques to manipulate the fatty acid profile in Artemia nauplii and effect nutritional the on its effectiveness for the marine crustacean Mysidopsis bahia (M.). Artemia Research and its Applications, 3, 411-424.
- Lim, P.K., Boey, P.L. and Ng, W.K., 2001. Dietary palm oil level affects growth performance, protein retention and tissue vitamin E concentration of African catfish, *Clarias gariepinus. Aquaculture*, 202, 101–112.
- Merchie, G., Lavens, P., Radull, J., Nelis, H. and Leenheer, A.D., 1995. Evaluation of vitamin Cenriched *Artemia* nauplii for larvae of the giant freshwater prawn. *Aquaculture International*, 3, 335-363.
- Montero, D., Tort, L., Izquierdo, M.S., Robaina, L. And Vergara, J.M., 1999. Effect of vitamin E and C dietary supplementation on some immune parameters of gilthead seabream (*Sparus aurata*) juveniles subjected to crowding stress. *Journal* of Aquaculture, 171, 269-278.
- Nabhitabhata, J., Nilaphat, P., Promboon, P., Jaroongpattananon, C., Nilaphat, G. and Reunreng, A., 2005.

Performance of simple large-scale cephalopod culture system in Thailand. *Phuket Mar. Biol. Cent. Res. Bull*, 6, 337–350.

- Niki, E., Kawakami, A., Yamamoto, Y. and Kamiya, Y., 1985. Oxidation of lipids. VIII. Synergistic inhibition of oxidation of phospatidylcholine liposome in aqueous dispersion by vitamin E and vitamin C. Bulletin of the Chemical Society of Japan, 58, 1971–1975.
- Noshirvani, M., Azari-Takami, Gh., Rassouli, A. and Bokaee, S., 2006. The stability of ascorbic acid in *Artemia urmiana* following enrichment and subsequent starvation. *Applied Ichthyology*, 22, 85-88.
- Odile, S.M., Claire, C., Derrien, A., Coiffard, L. and Roeck-Holtzhauer, D., 1994. Fatty acid composition of some marine microalgae. *Phytochemistry*, 36(3), 691-693.
- Packer, J.E., Slater, T.F. and Wilson, R.L., 1979. Direct observation of a free radical interaction between vitamin E and vitamin C. *Nature*, 278, 737–738.
- Procarione, L.S., Barry, T.P. and Malison, J.A., 1999. Effects of high rearing densities and loading rates on the growth and stress responses of juvenile rainbow trout. *North American Journal of Aquaculture*, 61, 91-96.
- Rottlant, J. and Tort,L., 1997.Cortisol and glucoseresponsesafter acute stressby nethanding inthe sparidredporgypreviously

subjected to crowding stress. Journal of Aquaculture, 51, 21-28.

- Sargent, J.R., McEvoy, L.A. and Bell, J.G., 1997. Requirements, presentation and sources of polyunsaturated fatty acids in marine fish larval feeds. *Aquaculture*, 155, 117-127.
- Sealey, W.M. and Gatlin, D.M., III 2002. Dietary vitamin C and E interact to influence growth and tissue composition of juvenile hybrid strip bass (*Morone chrysops×M*. *saxatilis*) but have limited effects on immune responses. Journal of Nutrition, 132, 748–755.
- Stéphan, G., Guillaume, J. and Lamour, F., 1995. Lipid peroxidation in turbot *Scophthalmus maximus* tissue: Effect of dietary vitamin E and dietary n-6 or n-3 polyunsaturated fatty acids. *Aquaculture*, 130, 251-268.
- Treece, G.D., 2000. Artemia production for marine larvae fish culture. SRAC Publication No. 702.
- Trenzado, C.E., dela-Higuera, M. and Morales, A.E., 2007. Influence of dietry vitamins E and C and HUFA on rainbow trout (*Oncorhynchus mykiss*) performance under crowding conditions. *Aquaculture*, 263, 249-258.
- Waagbø, R., Sandnes, K., Torrissen,
 O.J., Sandvin, A. and Lie, Ø.,
 1993. Chemical and sensory evaluation of fillets from Atlantic salmon (*Salmo salar*) fed three levels of n-3 polyunsaturated fatty acids at two levels of vitamin E. *Food Chemistry*, 46, 361–366.

- Watanabe, T., 1982. Lipid nutrition in fish. *Comparative Biochemistry and Physiology*, 73, 3–15.
- Yildirim-Aksoy, M., Lim, C., Li, M.H. and Klesius, P.H., 2008. Interaction between dietary levels of vitamins C and E on growth and immune responses in channel catfish, *Ictalurus punctatus* (Rafiniesque). *Aquaculture Research*, 39, 1198–1209.