Histopathological effects and toxicity of atrazine herbicide in Caspian Kutum, *Rutilus frisii kutum*, fry

Khoshnood Z. 1*; Jamili Sh. 1,3; Khodabandeh S. 2; Mashinchian Moradi A. 1; Motallebi Moghanjoghi A.A. 3

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Abstract
This study aimed to investigate the toxic effects of atrazine herbicide on the fry of Caspian Kutum (*Rutilus frisii kutum*, Kamensky, 1901). First the 96-h LC50 of the fry were exposed to atrazine at the concentration of 24.95 ppm was determined. Then the toxicity of this herbicide on Caspian kutum fry exposed to the concentration of 12.47 ppm (1/2 LC50), for four days was measured and compared with a control group. Comparison of the length, weight and condition factor showed no significant differences between atrazine exposed and control group. The concentration of Na+, K+, Ca2+, Mg2+ and Cl− in the whole body of fry in control and atrazine exposure groups were as the following order: Ca2+>K+> Na+> Cl−>Mg2+ and Ca2+>Na+>K+>Mg2+>Cl−, respectively. Results showed that the concentration of all these ions were higher in atrazine exposure group than control group, except for Cl−, and the only significant differences was found in Na+ concentration. Major histopathological effects of atrazine on the gills were hyperplasia and thickening of the filaments, separation of the pavement cells of the lamellae epithelium from the pillar cells and swelling of the epithelial cells. Results of the present study showed that atrazine could affect the ion composition of the body, and caused major damages in gill epithelium even at sublethal concentration and acute exposure, but had no effects on the growth parameters.

Keywords: Atrazine, *Rutilus frisii kutum*, Toxicity, Ion, LC50

1-Department of Marine Biology, Science and Research Branch, Islamic Azad University, Tehran, Iran.
2-Faculty of Environmental Resources and Marine Sciences, Tarbiat Modares University, Noor, Iran.
3-Iranian Fisheries Researches Organization, Tehran, Iran.
*Corresponding author email: zkhoshnood@gmail.com
Introduction

Atrazine (2-chloro-4-ethylamino-6-isopropylamino-5-triazine) is a pre-emergent herbicide first approved for use in the US in 1958, where it is used primarily on corn, sorghum and sugar cane (Solomon et al., 1996). Atrazine inhibits electron transport in Photosystem II, which results in a disruption of photosynthesis and in turn leads to death from starvation in broad-leaf plants (Giddings et al., 2004).

Herbicides are generally applied in spring or early summer, which often coincide with the breeding season of many fish species. Some of these fishes breed in aquatic habitats receiving the runoff drained from the cultivation fields. Atrazine has low volatility, but its moderate water solubility (33 mg/L at 25 °C) makes it relatively mobile in soil and aquatic environments, where it tends to partition into the water column rather than sorbing to sediments (Giddings et al., 2004).

Several recent laboratory studies have shown that environmentally realistic concentrations of atrazine have significant toxic effects on fish. For example, low concentrations of atrazine (1 µg/L) altered olfactory-mediated endocrine function in male Atlantic salmon (Salmo salar) (Moore and Lower, 2001). At 100 µg/L, atrazine altered the Na⁺, K⁺-ATPase activity in common carp (Cyprinus carpio) held in fresh water, indicating osmoregulatory disturbances (Hanke et al., 1983). In addition, in vitro studies in fish have shown that atrazine may affect the secretion of cortisol, involved in osmoregulation and stress response (Bisson and Hontela, 2002).

In fishes, gills are vital for respiration and osmoregulatory functions, and respiratory distress is one of the early symptoms of pesticide intoxication (Jayachandran and Pugazhendy, 2009). In recent years considerable histopathological studies have been conducted on fishes exposed to sublethal concentrations of different pesticides and herbicides (Alazemi et al., 1996; Wood, 2001; Cengiz and Unlu, 2006). As a result tissue changes are the functional responses of organisms which provide information on the nature of the toxicant. The present study was an attempt to investigate the histopathological alterations in the gill of Rutilus frisii kutum fry exposed to atrazine. Early developmental stages of the fish life cycle are considered to be the most sensitive stages to the toxic effects of chemical contaminants (Weis and Weis, 1987). Short-term sublethal effects on growth, behavior or osmotic control may affect these critical stages and impact recruitment (Houde, 1987; Sclafani et al., 1997; Alvarez and Fuiman, 2005). For example, loss of osmotic control altering water content may influence larval density and buoyancy. The vertical position of larvae in the water column affects their patterns of drift and their interactions with prey or predators. Thus, a temporary loss of osmotic control in fish larvae may increase their susceptibility to predation or impair their feeding abilities (Sclafani et al., 1997). Disruption of normal cortisol secretion in early life stages may also affect their survival by reducing the ability to cope with acute stressful situations and...
by inducing adverse secondary effects on osmoregulation, growth, development and immune function (Benguira et al., 2002; Gravel et al., 2005; Kennedy and Farrell, 2005).

Caspian kutum is an important commercial fish species in the Caspian Sea in Iran. The sharp decline in its annual catch observed in 1970s and early 1980s (Ghaninejad and Abdulmaleki, 2007) had prompted the Iranian government to launch its restocking project in 1984.

This study is the first attempt to assess the toxicity of a commercial formulation of the herbicide atrazine on some biochemical indices, of Caspian kutum, a commercially and economically important species of cyprinid fishes in northern Iran. The information obtained may be useful for the management and monitoring of atrazine contamination in the environment.

Material and Methods

Fish and sampling
Caspian kutum, fry, were obtained from the Shahid Ansari Fish Proliferation and Culture Center (Rasht, Iran), in July 2011. Total length (cm) and Body weight (g) were measured, and based on the length and weight, the Condition Factor (CF) was calculated using Williams (2000) method:

\[ K = \frac{100 \times W}{L^3} \]

Determination of LC50 and sub-lethal concentration
Acute toxicity was conducted to determine the 96 h LC50 value of atrazine with definitive test in semi-static system in laboratory as per standard methods (APHA, AWWA, WPCE, 2005). The range finding test was carried out prior to the definitive test to determine the concentration of the test solution. For the test, the atrazine (80% WP, Hangzhuou Ruijiang Chemical Co. Ltd., China) was dissolved in distilled water, and added to the aquarium (20L) following the method of Pluta (1989). In the definitive test, a set of 10 fish specimens were randomly exposed to each of the atrazine concentrations (viz. 20, 22, 24, 28, and 30 mgL⁻¹) and the experiment was set in triplicate to obtain the LC50 value of the herbicide for the species. The LC50 value of test chemical in R. frisii kutum was determined by Probit analysis method (Finney, 1971) for 12, 24, 48, 72 and 96 hours. Based on the 96h LC50 value, one sublethal test concentration of atrazine was determined and the fish specimens were exposed to this concentration for the assessment of its toxic effects on the osmoregulatory system.

Experimental design
After the determination of the LC50, one sublethal concentration of atrazine was determined as 1/2LC50 (Ramesh et al., 2009). Three aquaria (100L) each containing 50 Caspian kutum fry were exposed to this sublethal concentration for 4 days, and the same number of aquaria and fry in clean water (no atrazine) were held as control group. Sampling begun after 24hrs of exposure and continued every 24 h until the end of the experiment. During the experiment water factors: pH, temperature and dissolved oxygen (DO) were measured using Eutech instruments, pcd650, and fish were not fed during the experiment.
**Measuring the Concentration of Ions**
For measuring the concentration of the ions, fish samples were frozen in liquid nitrogen. The concentration of Na⁺, K⁺, Ca²⁺ and Mg²⁺ were determined by Atomic Absorption Spectrometry (Flame atomic absorption spectrometry GBS Avanta PM), and the Cl⁻ concentration was measured by flame spectrophotometry (UV-Vis HACH DR 5000).

**Histology**
Gill samples were immersed into Bouin’s fixative for 24 hours, washed and dehydrated in ascending series of ethanol and then embedded in Paraffin (Merck, Germany). Following embedment in Paraffin, transversal and longitudinal sections of 6 µm were cut on a Leica microtome (RM2255) and transferred on glass slides and stained with Haematoxylin & Eosin (Mortoja and Mortoja-Pierson 1967; Khodabandeh et al., 2008).

**Statistical Analysis**
All the data were subjected to one-way ANOVA using statistical software SPSS version 15.0. Independent sample t-tests were used to determine the differences among treatment means at p<0.05.

**Results**

**Physico-Chemical Parameters of the Test Water**
The physico-chemical characteristics of the test water are presented in Table 1. The water temperature varied from 17.9 to 19.1°C and the pH ranged from 7.7 to 7.9. The dissolved oxygen concentration ranged from 7.11 to 8.01 mg·L⁻¹.

### Table 1: Physico-chemical properties of the test water.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Unit</th>
<th>Mean</th>
<th>Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Air Temperature</td>
<td>°C</td>
<td>23.4</td>
<td>22.8-24.3</td>
</tr>
<tr>
<td>Water Temperature</td>
<td>°C</td>
<td>18.1</td>
<td>17.9-19.1</td>
</tr>
<tr>
<td>Dissolved Oxygen</td>
<td>mg·L⁻¹</td>
<td>7.20</td>
<td>7.11-8.01</td>
</tr>
<tr>
<td>pH</td>
<td></td>
<td>7.8</td>
<td>7.7-7.9</td>
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</tbody>
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**Toxic Stress and Poisoning Symptoms in Fish during the LC50 Test**
Fish subjected to atrazine herbicide displayed uncoordinated behavior. On initial exposure, fish were alert, stopped swimming and remained in a static position in response to the sudden changes in the surrounding environment. After some time they tried to avoid the toxic water by swimming quickly. Faster opercula activity was observed as surfacing and gulping for air. In aquaria with higher concentrations of test herbicide, the fish swam erratically. They secreted copious amounts of mucus from whole body continuously and soon a thick layer of mucus was found deposited in the buccal cavity and gills. Ultimately, fish lost their balance, consciousness, engaged in a rolling movement and became exhausted and lethargic. Lastly, they remained in a vertical position for a few minutes with their anterior side or terminal mouth up near the surface of the water, trying to gulp for air and with their tails in a downward direction. Soon they settled at the bottom of the aquaria, and after some time their bellies turned upward and the fish died.
Median Lethal Concentration (LC50)

Median lethal concentration (LC50) is the most widely accepted basis for an acute toxicity test and it is the concentration of a test chemical which kills 50% of the test organisms after a particular length of exposure, usually 96 h. Generally in toxicity tests, death is a decisive criterion because it is easy to determine and has obvious biological and ecological significance. The LC50 values (with 95% confidence limits) of different concentrations of atrazine (Table 2) were found to be 29.22, 28.44, 27.27, 25.78 and 24.95 mg·L⁻¹ for 12, 24, 48, 72 and 96 h LC50, respectively following Finney’s (1971) method and using SPSS (version 15). A dose dependent increase and time dependent decrease were observed in mortality rate, such that as the exposure time increases from 12 to 96 h, the median concentration was reduced. It was observed that as the concentration of the herbicide increased, fish mortality also increased, this indicates a direct proportional relationship between mortality and concentration of atrazine herbicide. No mortality was observed in the control during the experimental period.

Table 2: Lethal concentrations (LC) of atrazine depending on exposure time (12-96 h) for *R. frisii kutum*. Different letters show significant differences and similar letters or numbers show no significant differences.

<table>
<thead>
<tr>
<th>Point</th>
<th>Concentrations (mg·L⁻¹) at various exposure times. (95% confidence intervals)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>12h</td>
</tr>
<tr>
<td>LC₁</td>
<td>21.43 a</td>
</tr>
<tr>
<td>LC₁₀</td>
<td>24.63 a</td>
</tr>
<tr>
<td>LC₅₀</td>
<td>29.22 a</td>
</tr>
<tr>
<td>LC₉₀</td>
<td>34.66 a</td>
</tr>
<tr>
<td></td>
<td>(32.33-39.78)</td>
</tr>
</tbody>
</table>

Length, Weight and Condition Factor

The mean body weight (BW) and mean total length (TL) of fry’s were: 0.26±0.01 g and 3.5±0.02 cm, respectively. Measuring the length, weight and condition factor of the control and atrazine exposure groups showed no significant differences (p>0.05) between these two experimental groups (Figs. 1 and 2).
Body Ions

Measurement of the total body ions showed that the highest concentration belongs to $\text{Ca}^{2+}$ in the atrazine exposure group and the lowest belongs to $\text{Mg}^{2+}$ in the control group (Fig. 4). Results also showed that all ions in both experimental groups were increased during the experiment (Fig. 3). In atrazine exposed group all the ions showed higher concentrations compared to control group, except for the $\text{Cl}^{-}$, that had higher concentration in control group (Fig. 4). It seemed that exposure to atrazine has increased the cations and decreased the anions. On the other side, the concentration of the ions in control group was as the following order: $\text{Ca}^{2+}>\text{K}^{+}>\text{Na}^{+}>\text{Cl}^{-}>\text{Mg}^{2+}$, but this order was different in atrazine exposed group: $\text{Ca}^{2+}>\text{Na}^{+}>\text{K}^{+}>\text{Mg}^{2+}>\text{Cl}^{-}$. The results indicated that besides increasing and
decreasing the concentration of the ions, atrazine has affected the ion composition of the body as well. Statistical analysis showed that, there is no significant difference between the concentrations of the $K^+$, $Ca^{2+}$, $Mg^{2+}$, $Cl^-$ ions in control and atrazine exposure groups, but the concentration of the $Na^+$ is significantly ($p<0.05$) higher in atrazine exposed group.

Figure 3: Concentration of different ions in body of control fish during the experiment (A): All concentrations were increased during the experiment; Concentration of different ions in body of atrazine exposed fish during the experiment (B). All concentrations were increased during the experiment.
Histopathology

Gill in *R. frisii kutum* larvae, as examined are made up of four gill arches in each side of the head. Each arch is carrying two rows of filaments, and the filaments carrying two rows of lamellae. The main epithelial cells of the gill filaments and lamellae are simple squamus cells, called the pavement cells. Each lamella is essentially composed of two epithelial sheets held apart by a series of individual cells termed pillar cells (Fig. 5C & D). The spaces around the pillar cells and between the two epithelial layers are perfused with blood. The most significant alterations in gills caused by atrazine exposure were hyperplasia and thickening of the filaments, separation of the pavement cells of the lamellae epithelium from the pillar cells and swelling of the epithelial cells (Fig. 5A & B).
Figure 5: Histological photograph of the gill in *R. frisii kutum* fry. Gill of the atrazine exposed fish (A & B), separation of the pavement cells of the lamellae, thickening of the filament and swelling of the epithelial cells were the major effects of the atrazine. Gill structure in control group (C & D), gill is made up of filaments carrying lamellae. F: Filament; L: Lamellae; PC; Pavement Cell; PiC: Pillar Cell.

**Discussion**

Fish are often used as sentinel organisms for ecotoxicological studies because they play a number of roles in the trophic web, accumulate toxic substances and respond to low concentrations of mutagens (Cavas and Ergene-Gözükara, 2005). Therefore, the use of fish biomarkers as indices of the effects of pollution are of increasing importance and can permit early detection of aquatic environmental problems (Lopez-Barea, 1996; Van Der Oost, *et al.*, 2003). Acute toxicity data has been used to derive water quality guidelines for regulatory measures (Sunderam, *et al.*, 1994). The result of the LC50 (median lethal concentration) for atrazine in the present study at 96 h was 24.95 mg.L\(^{-1}\). The results showed that the toxicity of
Atrazine for *R. frisii kutum* is both time and concentration dependent, thus, accounting for differences in LC values obtained at different concentrations and time of exposure. However, some other researchers have shown that exposure time is not significant in LC50 determination for fish (Lakota *et al*., 1989). The LC50 value obtained for *R. frisii kutum* in this study is higher than that reported by Bathe *et al.* (1973), Neškovic *et al.* (1993), and Hussein *et al.* (1996), who reported LC50 values of 16.0, 18.8 and 9.37 mg l−1 for *Lepomis macrochirus* (Bluegill sunfish), *C. carpio* and *Oreochromis niloticus*, respectively, exposed to atrazine. Toxicity of chemicals to aquatic organisms has been shown to be affected by age, size and health of the species (Abdul-Farah *et al*., 2004). Physiological parameters, and water quality, temperature, pH, dissolved oxygen and turbidity, the, amount and kind of aquatic vegetation, concentration and formulation of the chemical and its exposure also greatly influence such studies (Gupta *et al*., 1981; Young, 2000). Fish exposed to atrazine were stressed progressively with time before death. The respiratory impairment due to the toxic effect of atrazine on the gills of *R. frisii kutum* is similar to the reports of Abdul-Farah *et al.* (2004); De Mel and Pathiratne (2005); Tilak *et al.* (2007) and Ayoola (2008) that pesticides impair respiratory organs. Death could have, therefore, occurred either by direct poisoning or indirectly by making the medium unconducive for the fish or even by both. The abnormal behavior observed during the exposure period like restlessness and surface to bottom movement were similar to the observations of Hussein *et al.* (1996); Pandey *et al.* (2005); Chandra (2008) and Naeemi (2013).

The length-weight relationship of fish is an important fishery management tool. Its importance is pronounced in estimating the average weight at a given length group (Beyer, 1987) and in assessing the relative well being of a fish population (Bolger and Connoly, 1989). Consequently, length-weight studies on fish are extensive. Notable among these are the reports Shenouda *et al.* (1994), for *Chrysichthys* spp. from the Southernmost part of the River Nile (Egypt), Alfred-Ockiya and Njoku (1995) for mullet in New Calabar River, Ahmed and Saha (1996) for carps in Lake Kapital, Bangladesh, King (1996) for Nigeria fresh water fishes, Hart (1997) for *Mugil cephalus* in Bonny Estuary; Diri (2002) *Tilapia guineensis* in Elechi creek.

Condition factor compares the wellbeing of a fish and is based on the hypothesis that heavier fish of a given length are in better condition (Bagenal and Tesch, 1978). Condition factor has been used as an index of growth and feeding intensity (Fagade, 1979). Condition factor decrease with increase in length (Fagade, 1979); and also influences the reproductive cycle in fish (Welcome, 1979). Condition factors of different species of cichlid fishes have been reported by Siddique (1977), Fagade (1978, 1979, and 1983), Dodzie and Wangila (1980), Arawomo (1982) and Oni *et al.* (1983). Some condition factors reported for other fish species include; Alfred- Ockiya (2000), *Chana chana* in fresh water swamps of Niger Delta and
Hart (1997), *M. cephalus* in Bonny estuary, Abowei and Hart (2007), ten fish species from the lower Nun River, and Abowei and Davies (2009), *Clarotes lateceps* from the fresh water reaches of the lower Nun river. In present study no significant differences were found in atrazine exposed and control group, this result showed that all experimental fish were in the same growth condition and atrazine at sublethal concentration and acute condition have no effects on growth or condition factor of the *R. frisii kutum* fry.

Several studies have tested the effects of atrazine on survival and various measures of iono-regulatory performance in different fishes (Moore et al., 2003; Waring and Moore, 2004; Nieves-Puigdoller et al., 2007). The present study differs from many in the literature in that the results did not reveal any significant effects of atrazine on survival, body weight, and condition factor or ionoregulatory performance in *R. frisii kutum* fry.

Plasma and whole body electrolyte levels, Na⁺/K⁺-ATPase activity and muscle water content are commonly measured as indicators of iono-regulatory performance in fishes.

In the present study, atrazine (12.47 mgL⁻¹) elevated whole body Na⁺ levels significantly, while not affecting other ions. These results are similar to those of Waring and Moore (2004) and that atrazine elevated plasma Na⁺ and had no effects on plasma Cl⁻ levels. Cassano et al. (2006) demonstrated that doses as low as 2µg.L⁻¹ atrazine can stimulate the short-circuit current of the ventral skin of frog (*Rana esculenta*), resulting in stimulated Na⁺ absorption. Increases of plasma Na⁺ at intermediate doses of atrazine may be a compensatory response to moderate damage of ion regulatory tissue. In some previous studies, exposure to different levels of atrazine caused elevation in plasma Na⁺, K⁺, Ca²⁺, Mg²⁺ and Cl⁻ levels (Nieves-Puigdoller et al., 2007).

The high mortality induced by atrazine reported in Waring and Moore (2004) is all the more unexpected given the acute toxicity values for atrazine exposure in freshwater fish. These range from a 96-h LC50 of 4300 µg/L for the guppy (*Poecilia reticulata*) to a 96-h LC50 of N100,000 µg/L for the carp (*Carassius carassius*) (Giddings et al., 2004). In the case of salmonids, the 96-h LC50 was 13,000 µg/L for rainbow trout (*Oncorhynchus mykiss*) and 12,000 µg/L for coho salmon (*O. kisutch*). Both short term (4-day; present study) and longer term (21 day, Nieves-Puigdoller et al., 2007) exposures to atrazine had no effects on body weight.

Many studies showed the effects of atrazine on gills of the fish species, including increase of epidermal thickness and lamellar width, fusion of secondary lamellae, hyperplasia, club-shaped cartilaginous tissue, aneurysm, and necrosis in epithelium region, (Alazemi et al., 1996; Cengiz and Unlu, 2006; Velisek et al., 2006; Yang et al., 2010). Previous studies suggested edematous changes in the gill were most probably due to the increase in capillary permeability. Hyperplasia was considered as a protective
mechanism from environmental irritant by decreasing the respiratory surface and increasing the toxicant–blood diffusion distance (Meissner and Diamandopoulos, 1977), and its intensification could result in the thickness of epithelial layers, which could be supported by the increases of epithelial thickness and lamellar width. Thus, all the lesions found in the present study would probably inhibit the respiratory, secretory and excretory functions in the gill of R. frisii kutum.

Results of the present study showed that sublethal concentration of atrazine, even in acute and short term exposure can alter the biochemical composition of the fish body and affect some behavioral responses that could lead to failure of the surviving capabilities of the fish fry.

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